

H S S C BULLETIN BOARD



HELLO FEBRUARY!

As we share our 2nd edition of our newsletter, we proudly recognize February as Black History Month and all the profound contributions of Black and African American leaders in shaping the health landscape. As we reflect on these achievements, it is crucial to acknowledge the persistent health disparities and inequities within Black communities today. Interprofessional collaboration serves as a powerful tool in addressing these issues head-on by bringing together diverse healthcare professionals, researchers, and policymakers. As a unified workforce, we can implement effective strategies that promote health equity. Let us honor Black History Month not only in words but also in action by fostering a collaborative HSC unit that will drive positive change and ensure the ongoing well-being of these communities.

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HSSC UPDATES

HSC Library Renovation

Students should be aware that renovations will be expected at the HSC Library & Informatics Center (HSLIC) from between the months of

January 2024 through October 2024.

- During this period:
 - HSLIC will remain open on Mondays-Fridays from 7 AM 4:30 PM
 - There will be 24/7 access to the 3rd and 4th floors
 - All study rooms will remain available
- Renovation plans include adding more study spaces and a small kitchenette to the first floor for student use.

North Campus Food Pantry

Stop by the North Campus Food Pantry in the student lounge!

- Resources are available to all HSC students.
- Be sure to fill out the anonymous form to help track usage and replenish items.
- Looking for representatives from the different programs to form a
- food pantry committee
- Rio Rancho will be getting a restock within the next week or so.



United Healthcare New Mexico Information and Hiring Session



New Mexico Virtual Information and Hiring Session

UnitedHealthcare Community Plan of New Mexico has been selected to administer Turquoise Care, the state's Medicaid program, statewide, beginning July 1, 2024.

Due to this exciting growth, please join us for a virtual hiring information session with Andrew Peterson, CEO, UnitedHealthcare Community Plan of New Mexico and Nancy Parson, Vice President, Clinical and Quality Operations, to learn more about our organization, roles available and next steps.

Virtual Event Information

- Wednesday, February 7, 2024 at 3:00 MST
- Please sign up for the event by clicking on the link provided within the QR code below. Application not required to join.

Scan the QR code to register for our Virtual Event, or visit:

https://uhg.hr/C&SInfoSession



Available roles include:

- · Community Health Worker
- Care Coordinator
- RN Care Coordinator
- Additional support roles

Click the QR code below to see roles and apply directly, or visit: https://uhg.hr/C&SEventOpenRoles



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UNM Graduate Studies: Graduate Commons Now Open!

When: Tuesday, February 13, 2023 from 11:00 AM - 2:00 PM Where: UNM Main Campus @ Zimmerman Library, Basement Level

- The Jim and Mary Lois Friday Hulsman Graduate Commons is now open! The Graduate Commons is a vibrant space dedicated to fostering collaboration, resource-sharing, and community-building among graduate and professional student. Additionally, the new space located in Zimmerman library basement level is the new home to the <u>Center for Teaching and Learning Graduate Support</u>. Graduate students can use their Lobo ID Card to access the new space which is filled with individual and group study spaces.
- The grand opening will feature speeches from distinguished guests, providing insights into the importance of community spaces for graduate students. Additionally, there will be a variety of delicious food options for attendees to enjoy and tabling from graduate specific organizations on campus.
- Speeches will begin at 11:15 AM.

LEARN MORE ABOUT THE GRADUATE COMMONS HERE





Student Nurse Association (SNA) Chipotle Fundraiser



CHIPOTLE FUNDRAISER FOR STUDENT NURSE ASSOCIATION (SNA) UNIVERSITY OF NEW MEXICO

33% OF EVENT SALES GET DONATED TO THE CAUSE

SATURDAY, FEBRUARY 10TH | 5-9PM 6810 MENAUL BLVD NE, ALBUQUERQUE, NM, 87110

ORDER ONLINE FOR PICKUP USING CODE DZ3JC4M OR SHOW THIS FLYER IN RESTAURANT



For online orders to count towards the fundraiser, they must be placed for pickup only from the restaurant location of, and during the hours of, the fundraiser. Delivery orders and gift cards do not qualify. \$150 minimum event sales required to receive any donation.

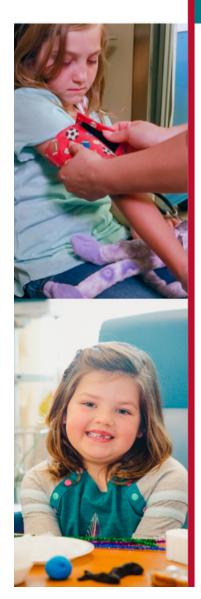


Cuidando Los Niños Health Fair



FEB 2024





Cuidando Los Niños Health Fair

Presented by the Health Sciences Pediatric Interest Group Interactive Opportunity for IPE Honors

Cuidando Los Niños, 1500 Walter St SE, Albuquerque, NM 87102 Wednesday, February 21st, 2024 9 A.M. - Noon

Cuidando Los Niños' mission is to break the cycle of homelessness for children and families. They do this by providing high quality early childhood education, supportive housing, parent education and advocacy alongside the families.

Health professional students will have the opportunity to plan and carry out different stations with interactive and educational activities for the children at Cuidando Los Niños.

Below are some potential ideas for the interactive and educational stations.

- Physical exams and vitals (MD, PA, Nursing)
- Nutrition (Nursing)
- Drug safety (Pharmacy)
- Physical activity (PT and OT)
- Dental Hygiene education (Dental)
- Fun and interactive health education (all students)
- Developmental milestone check-in (all students)

Medical, PA, OT, PT, Nursing, and Dental students are encouraged to join!

There are limited positions available for each health professional school so don't hesitate to sign up!





IPE Honors Graduation Deadline

Deadline: Friday, April 26, 2024

• This is a friendly reminder that the Spring 2024 deadline to graduate with IPE Honors is <u>Friday, April 26th, 2024</u>.



FEB 2024

- You must have completed the **5** categories and the summative survey to graduate with IPE Honors and receive your cords, certificate, and letter of recommendation (upon request).
- I am also happy to meet to review your audit through Zoom or in person!
- Please let me know if you have any questions or concerns regarding this deadline.

CONTACT FOR QUESTIONS OR TO SET UP MEETING TIME: BBARRIENTOSVASQUEZ@SALUD.UNM.EDU

UNM Physical Therapy (PT) Clinic

- UNM DPT runs a free PT clinic every Thursday from 3:30 PM - 7:30 PM from the first floor of Domenici.
- We prioritize treating uninsured patients from the community, however, we often have last minute cancellations and rely on our back-up list to fill these spots.
- We like to have HSC students on this list so that PT students don't miss out on valuable clinical practice and we get to serve more of the community. We would love if more students would sign up for our back-up list using the QR code:





SOM Dental Hygience Teeth Cleanings

SCHOOL OF MEDICINE DIVISION OF DENTAL HYGIENE Help Fellow HSC Students Graduate! Get Your Teeth Cleaned Today! Radiographs: \$20 - \$40 **Regular Cleanings: \$40*** Deep Cleanings: \$50 - \$200 Whitening: \$180** Mouth Guards: \$50 Sealants: \$15*** Fluoride: \$10 Appointments Available Tuesday and Thursday **Mornings and Afternoons** For Questions: Subject: BBN Questions For Scheduling: 505-272-3868 Subject: BBN Scheduling *\$10 off with your UNM Student ID! Accept Most Insurances. **\$50 Per Tray, \$80 for Whitening Solution ***Price per Tooth CONTACT FOR QUESTIONS: JEFLUEVANO@SALUD.UNM.EDU CONTACT FOR SCHEDULING:

DHSTUDENTCLINICAPPOINTMENTS@SALUD.UNM.EDU



5th Annual Values, Ethics, and Shared-Decision Making Conference:

When: Friday, February 2nd, 2024 | 1 PM - 4 PM Where: College of Nursing & College of Pharmacy Building, Rooms 359 and 368

• INTERACTIVE IPE Honors credit available upon completion of the event survey. CONTACT FOR LATE EVENT REGISTRATION: BBARRIENTOSVASQUEZ@ SALUD.UNM.EDU

FEB 2024

NM AHEC Scholars Program

- The NMAHEC Scholars Program is now accepting applicants who are currently in a health professional program.
- The program is a federally funded, nationwide initiative to create a cadre of health professionals across disciplines committed to working together in rural and underserved communities.
- NMAHEC Scholars will be leaders in their fields, gaining the knowledge, skills and training to improve primary care practice outcomes through interprofessional and collaborative training and experience.
- Application Deadline: Monday, February 12th, 2024

APPLY FOR SCHOLARS PROGRAM HERE

CONTACT FOR EVENT QUESTIONS: NMAHEC SCHOLARS, <u>NMAHECSCHOLARS@SALUD.UNM.EDU</u>



New Mexico AHEC Scholars Program (cont.)



APPLY FOR SCHOLARS PROGRAM HERE

CONTACT FOR EVENT QUESTIONS:

NMAHEC SCHOLARS, <u>NMAHECSCHOLARS@SALUD.UNM.EDU</u>



George Kennedy HATS Off! Ceremony

we invite you to join us George Kennedy HATS Off Recognition Ceremony

The annual George Kennedy HATS (Humanism, Activism, Talent, and Service) Off Recognition Ceremony is an initiative to highlight and recognize the extracurricular achievements of UNM SOM MD and MD/PhD students.

> TUESDAY, FEBRUARY 6TH, 2024 • 12-1 PM DCNW AUDITORIUM LIGHT REFRESHMENTS WILL BE PROVIDED





FEB 2024

STUDENT OPPORTUNITIES

Eighth International Meeting on Indigenous Women's Health

When: Wednesday, March 13, 2024 - Friday, March 15, 2024 Where: Sheraton Uptown (2600 Louisiana Blvd NE, Albuquerque, NM 87110)

- <u>The International Indigenous Women's Health Meeting</u>, held every two years, focuses on innovative clinical care models and community-based public health approaches for women and their families of Indigenous People of North America.
- During the conference participants will further strengthen their knowledge about prevalent health problems facing Indigenous communities and promising strategies to improve wellness and acquire practical skills. Topics will include rural maternity safety, trauma-informed care, maternal substance use, cultural safety and much more.
- Early bird registration date: Tuesday, February 20, 2024
- <u>Regular registration date</u>: **Wednesday, February 21, 2024 Wednesday,** March 6, 2024

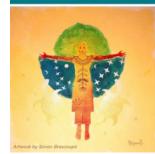
REGISTER FOR CONFERENCE HERE

CONTACT FOR QUESTIONS OR INTEREST: UNM HSC CONTINUOUS PROFESSIONAL LEARNING,

HSC-CPL@SALUD.UNM.EDU

Eighth International Meeting on Indigenous Women's Health

Stronger Together: Resilience and Healing



March 13–15, 2024

Sheraton Uptown | Albuquerque, NM





College of Population Health First-Gen Student Focus Group Invitation

Join Our First-Generation College Student Focus Group!

At the UNM College of Population Health (COPH), we believe the voices of firstgeneration college students are crucial. Your perspective matters, and we want to learn from your experiences. The findings from this research will be used to advocate for program and policy change at the College and the larger UNM community.

By participating in our focus groups, you will have the opportunity to:

- Provide insights into your college journey by sharing challenges and successes as a first-gen college student.
- Discuss your support system, including family, friends, mentors, and resources.
- Collaborate with others to ideate on improving first-gen support initiatives.
- Help us develop strategies to support future first-gen students.

Join us for an engaging and interactive discussion that will enable you to connect with other first-gen college students, share your unique experiences, and help us create a supportive environment for generations to come.

Light refreshments will be provided, and all participants will receive a \$75 merchandise card as appreciation for their valuable contribution.

To reserve your spot, please RSVP by Saturday, February 24, 2024.

RSVP FOR STUDENT FOCUS GROUP HERE

CONTACT FOR QUESTIONS OR INTEREST: DR. TAMMY THOMAS, <u>TATHOMAS@SALUD.UNM.EDU</u> DR. CLAUDIA PRATESI, <u>CBPRATESI@SALUD.UNM.EDU</u>



FEB 2024

STUDENT OPPORTUNITIES

College of Population Health First-Gen Student Focus Group (cont.)



Are you a College of Population Health first-generation college student looking to share your experiences and make a difference? We want to hear from you!

Join Our First-Generation College Student Focus Group!

- By participating you will have the opportunity to:
- Share your college journey, challenges and successes as a first-gen college student.
- Discuss your support system, including family, friends, mentors, and resources.
- Collaborate with others to ideate on improving first-gen support initiatives.
- Help us develop strategies to support future first-gen students.

Light refreshments will be provided, and all participants will receive a **\$75 merchandise card** for contributing.

For any questions or further information, please contact: Dr. Tammy Thomas: tathomas@salud.unm.edu or Dr. Claudia Pratesi: cbpratesi@salud.unm.edu

DEADLINE: February 24, 2024









cutt.ly/first-gen-focus-group

HRRC ID# 23-329

RSVP FOR STUDENT FOCUS GROUP HERE

CONTACT FOR QUESTIONS OR INTEREST: DR. TAMMY THOMAS, <u>TATHOMAS@SALUD.UNM.EDU</u> DR. CLAUDIA PRATESI, <u>CBPRATESI@SALUD.UNM.EDU</u>



UNM GPSA

The <u>UNM GPSA</u> now accepting candidacy applications for:

- GPSA President
- GPSA Council Chair

Applications Deadline: Monday, February 26, 2024 @ 11:59 PM

CLICK HERE FOR GPSA PRESIDENT APPLICATION

CLICK HERE FOR GPSA COUNCIL CHAIR APPLICATION

CONTACT FOR QUESTIONS OR TO SUBMIT APPLICATION(S): GPSA@UNM.EDU



FEB 2024

Biomedical Sciences Graduate Program (BSGP) Student Research Day Abstract Sign-Up

The BSGP Program is hosting our annual student research day and we are opening it up for <u>anyone on North Campus</u> to join (all programs welcomed) for our poster session.

Poster Sign-Up Deadline: Wednesday, February 21, 2024

SUBMIT ABSTRACT HERE



Script Your Future's Medication Adherence Team Challenge



FEB 2024

What is the Script Your Future Program? It is a community engagement program that is focused on medication adherence.

• Our next meeting is Monday, February 12, 2024

FILL OUT INTEREST FORM HERE LEARN MORE INFORMATION ABOUT PROGRAM CHALLENGE HERE CONTACT FOR QUESTIONS: NICHOLAS OLIVAS, NEOLIVAS@SALUD.UNM.EDU

Be The Match Drive

Join the registry by swabbing the your inside cheeks - it is only a 20 second process! These drives are to benefit a student who graduated from the University of New Mexico with her Master of Health Administration.

- <u>Main Campus</u>:
 - When: Monday, March 4, 2024 from 9:00 AM 4:30 PM
 - Where: UNM Student Union Building
- North Campus:
 - When: Tuesday, March 5, 2024 from 9:00 AM 4:30 PM
 - Where: In front of HSLIC

CONTACT FOR QUESTIONS:

DEREK LIN, <u>DERLIN@SALUD.UNM.EDU</u> MARIA YBARGUENGOITIA AGUERO,

MYBARGUENGOITIAAGUER@SALUD.UNM.EDU



FEB 2024

STUDENT OPPORTUNITIES

Brain & Behavioral Health Research Day

Discover the Future of Brain & Behavioral Health in New Mexico

- When: Friday, March 22, 2024 from 9:00 AM 3:30 PM MST
- Where: UNM Domenici Center for Health Sciences Education, Albuquerque, NM
- About:
 - Come explore the latest breakthroughs and advancements in brain and behavioral health research and programs at UNM and across New Mexico!
 - Topics include: Population/Mental/Behavioral Health, Neuroimaging, Substance Use & Pain Research, Neurological Disorders, Neuro-oncology, Neurosurgery, and more!
 - 2024 Event Theme: *Neurodevelopmental Disorders & Child Health*
- Important Dates:
 - March 4 Deadline to Submit an Abstract
 - March 22 Event Day
- Call for Abstracts:
 - The UNM Brain & Behavioral Health Institute will be accepting abstracts to participate in the poster session. *Community organizations, UNM faculty, staff, students, postdoctoral fellows & residents are encouraged to participate.*
 - "Opt-in" Poster Competition
 - Students, postdoctoral fellows, residents, other trainees, and community organizations are eligible for the "opt-in" competition part of the poster session.
 - For academic research posters:
 - Three monetary awards will be given for each category (basic science, clinical research, and population health).
 - 1st place = \$100, 2nd place = \$75, 3rd place = \$50.
 - For community organizations:
 - Two \$100 awards will be presented to the top finalists.

CONTACT FOR QUESTIONS OR ABSTRACT SUBMISSIONS: FAITH ANN BRANDT, <u>HSC-BBHI@SALUD.UNM.EDU</u>



2024 Lobo Hackathon

When: Thursday, April 11, 2024 from 6:00 PM - 9:00 PM & Friday, April 12, 2024 from 8:00 AM - 7:00 PM

Where: Lobo Rainforest Building (101 Broadway Blvd. NE, Albuquerque, NM 87110)

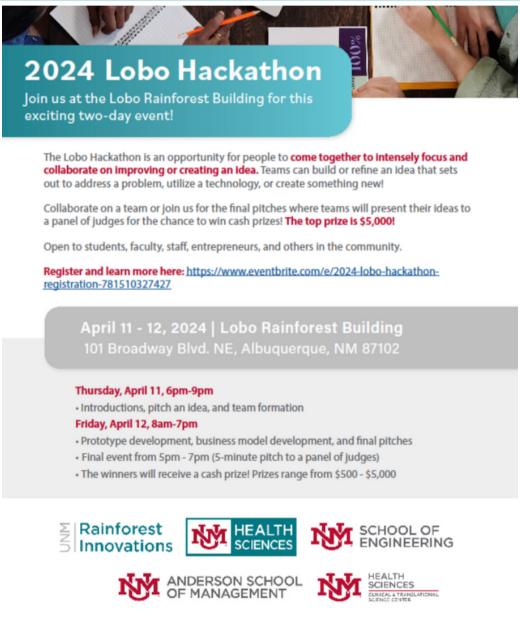
- The Lobo Hackathon is an opportunity for people to come together to intensely focus and collaborate on improving or creating an idea. Teams can build or refine an idea that sets out to address a problem, utilize a technology, or create something new!
- Collaborate on a team or join us for the final pitches where teams will present their ideas to a panel of judges for the chance to win cash prizes! *The top prize is \$5,000!*
- Open to students, faculty, staff, entrepreneurs, and others in the community. All disciplines are invited to participate. No experience is necessary
- We provide the food and support, you provide the solutions!
- Earn UNM Credit
 - Participate in the Lobo Hackathon and learn the basics of entrepreneurship while earning credit! The elective course (Spring 2024 – begins March 18) will help prepare students to participate in the Lobo Hackathon. All majors welcome, students not admitted to Anderson will need a program override.
- Interested in Mentoring?
 - Mentors and skilled experts from all disciplines are welcome. Mentors can assist teams with their subject matter expertise and experience while enhancing their own skills as leaders, educators, and communicators by guiding rising talent.

REGISTER FOR 2024 HACKATHON HERE

CONTACT FOR EVENT QUESTIONS: UNM RAINFOREST INNOVATIONS, CMICHAL@UNM.EDU CONTACT FOR CREDIT INQUIRIES: DR. ROB DELCAMPO, DELCAMPO@UNM.EDU



2024 Lobo Hackathon (cont.)



REGISTER FOR 2024 HACKATHON HERE

CONTACT FOR EVENT QUESTIONS: UNM RAINFOREST INNOVATIONS, <u>CMICHAL@UNM.EDU</u> CONTACT FOR CREDIT INQUIRIES: DR. ROB DELCAMPO, <u>DELCAMPO@UNM.EDU</u>



FEB 2024

STUDENT OPPORTUNITIES

8th Annual Health Professions Symposium

When: Saturday, April 13, 2024 Where: UNM Student Union Building

- Plan to join us for the 8th annual UNM Health Professions Symposium!
- We are hosting the event to give students interested in the health professions an opportunity to explore their passions, discover various pathways into the field of their choice and learn about the realities and challenges of a health professions education and a career in healthcare.
- HPS is a unique opportunity for students interested in the health professions to explore their passions, discover various careers, and learn about the realities and challenges of a health professions education and a healthcare career.
- Over 80 workshops and 90 tables representing healthcare professions and pathways, this is a great opportunity to network with individuals and grow professionally.

<u>REGISTER FOR</u> SYMPOSIUM HERE

LEARN MORE ABOUT HPS HERE





FEB 2024

STUDENT OPPORTUNITIES

Brain & Behavioral Health Research Day

Discover the Future of Brain & Behavioral Health in New Mexico

- When: Saturday, March 16, 2024
- Where: White Sands Missile Range, NM
- About:
 - The 2024 Bataan Memorial Death March on White Sands Missile Range is coming up and is asking for volunteers to help with this event. Currently the event is planned to be held in-person. The military depends on ALL to volunteers to help in the medical tents to pull the event off. The military counts on us so sign up TODAY and we have been answering the call for decades. If you have never attended before there is a first time for everything and it is guaranteed to be a GREAT time!
 - We need everything including:
 - Experienced providers
 - Nurses
 - Emergency Medical Services
 - Techs
 - Physical/Occupational Therapy
 - Athletic Training
 - Pharmacy
 - Non-experienced medical personnel
 - Non-medical personnel
 - Residents
 - Students (EMS, Nursing, Medical, PT/OT, Athletic Training, Pharmacy, etc.).
 - Here are some videos that explain the event:
 - <u>https://www.youtube.com/watch?v=NQYCQPrT3aA</u>
 - https://www.youtube.com/watch?v=ThYPN3IqYs4
 - Website: <u>https://bataanmarch.com/</u> for more information.

SIGN-UP TO VOLUNTEER HERE

CONTACT FOR QUESTIONS OR TO CONFIRM ATTENDANCE: MICAH SHAW, MSHAW@SALUD.UNM.EDU



Western Positive Psychology Association (WPPA) Conference 2024

- When: Friday, March 22, 2024 Sunday, March 24, 2024
- Where: Albuquerque, New Mexico
- About:
 - This conference brings together a collaborative scientific community of faculty, students, practitioners, and scholars to advance and support research on the science of well-being and optimal human functioning.
 - We are accepting podium-oral presentations, symposia, workshops, and poster submissions to the 8th Western Positive Psychology Association Conference.

LEARN MORE ABOUT CONFERENCE HERE

<u>SUBMIT ABSTRACT</u> <u>HERE</u>

<u>REGISTER FOR</u> CONFERENCE HERE

CONTACT FOR QUESTIONS: WPPA.CONFERENCE @CGU.EDU 8TH ANNUAL CONFERENCE WESTERN POSITIVE PSYCHOLOGY ASSOCIATION March 22-24, 2024

The Science of Flourishing: Moving from Surviving to Thriving

The conference will focus on what enables us to be at our best, make the most of our lives, and live them to the fullest - despite the stresses and challenges we all face.

WPPA is dedicated to creating a collaborative scientific community of faculty, students, scholars, and practitioners to advance and support the field of positive psychology.



WPPA www.wppanetwork.org WPPA.Conference@cgu.edu UNM.conference@wppanetwork.org 123 E. Eighth Street, Claremont, CA 91711

FEB 2024

ONORS



STEP 1 Study Group Invitation

Devon Fisher-Chavez and several other MS4s have started a STEP 1 study group. Stop by any time to study and meet students from other classes. There will be coffee and snacks.

• Next meeting is Saturday February 3, 2024 from 2:00 PM - 4:00 PM in room 335 on the 3rd floor.

ADD YOUR NAME TO THE STUDY GROUP COMMUNICATIONS HERE

CONTACT FOR QUESTIONS:

DEVON FISHER-CHAVEZ, DAFISHERCHAVEZ@SALUD.UNM.EDU

Volunteering at UNMH

Requirements:

- Must be 18 or older
- Must have a high school diploma or GED
- Must have someone in place to shadow
- Must attend a volunteering orientation

Orientation Dates (*Required prior to volunteering*):

- Friday, February 2, 2024 from 9:00 AM 10:00 AM
- Monday, February 26, 2024 from 1:00 PM 2:00 PM
- Friday, March 1, 2024 from 9:00 AM 10:00 AM
- Monday, March 25, 2024 from 1:00 PM 2:00 PM
- Friday, April 5, 2024 from 9:00 AM 10:00 AM
- Monday, April 15, 2024 from 1:00 PM 2:00 PM
- Friday, May 3, 2024 from 9:00 AM 10:00 AM

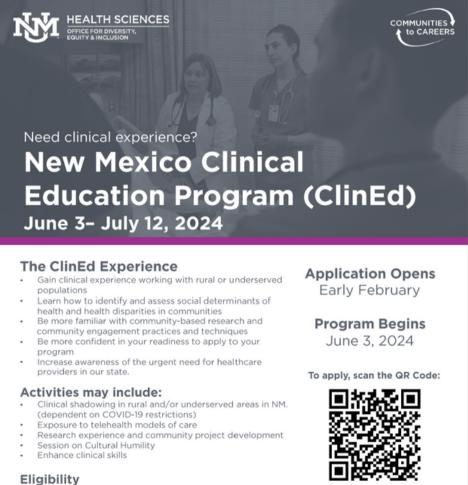
LEARN MORE INFORMATION HERE

CONTACT FOR QUESTIONS: UNMHSHADOWING@SALUD.UNM.EDU



New Mexico Clinical Education Program (ClinEd)

APPLY FOR 2024 CLINED HERE LEARN MORE INFORMATION ABOUT CLINED HERE



- Must be a New Mexico resident, or Navajo Nation resident (for payment purposes only)
- Be currently enrolled as a junior, senior, or college graduate (Nursing Students: Rising sophomores are eligible)
- Have a 2.75 GPA or higher

Stipend upon completion of the program

Supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under Grant Number: DI8H020135, Health Careers: Opportunity Program

Or visit our website at:

goto.unm.edu/clin-ed

For more information, contact us:

1 (866) 494-0064 HSC-diversity@salud.unm.edu



FEB 2024

STUDENT OPPORTUNITIES

Colorado Pragmatic Research Program

When: Wednesday, June 6, 2024 - Thursday, June 7, 2024 Where: Virtual

- ACCORDS Education is back with it's annual Colorado Pragmatic Research in Health Conference (COPRH Con)! <u>COPRH Con 2024 will be a primarily</u> <u>virtual conference.</u>
- This format allows for remote connections for all conference sessions: keynote and plenary addresses, panel discussions, concurrent breakout sessions, poster presentations, as well as networking opportunities and consultations. We will use the AirMeet platform to facilitate this.
- Additional in-person opportunities will be incorporated for networking, such as an opening keynote breakfast or a closing conference social, or "watch party" rooms for groups to attend some virtual sessions together.
- Attendees will hear from national experts in pragmatic research for three days of keynote and plenary addresses, networking, and break into concurrent sessions for more interactive participation. Additionally, registered participants have the opportunity to apply for a consultation with a project of their own or submit an abstract for our thematic poster sessions.

Innovations in Pragmatic Research Methods: From Data to Equity, Policy, and Sustainability

June 5-6, 2024



Colorado Pragmatic Research in Health Conference

REGISTER FOR CONFERENCE HERE





Want to be a Way Finder at UNMH?

- UNMH is looking to bring on more Volunteer Way Finders for the hospital.
- Wayfinders contribute to a smoother operation within the hospital, ensuring patients and visitors feel supported and navigate the facility efficiently.
- They are stationed at the entrance of the hospital to greet patients, visitors and staff. They will provide a warm and welcoming greeting and be the first line of contact to those entering the building. They will escort patients to their appointments and provide directions to visitors.

CONTACT FOR QUESTIONS OR INTEREST: UNMH VOLUNTEER SERVICES, VOLUNTEERS@SALUD.UNM.EDU



Albuquerque Punk Safety Initiative

The ABQ PSI is built upon principles of mutual aid, trust, and keeping our community safe. We strive to provide harm reduction materials, education, and support focused on the needs of DIY showgoers and their loved ones. At the forefront of our vision is the belief that everyone deserves access to support and that everyone has the right to make their own decisions with dignity.



FEB 2024

We exist because we hope that someday, Narcan, harm reduction supplies, and harm reduction education is in the pocket of every Albuquerque chain, egg, and crust punk, every goth, every raver, every emo, every hardcore dude/dudette/dude-they, and also in the pocket of everyone who loves and/or knows anyone in the DIY music scene. Overdose deaths are 100% preventable, and we want to prevent every last one in the Albuquerque music scene, one show at a time.

We are a completely volunteer-run organization, and we'd love to have you on our team!

EXECUTIVE IPE Honors credit available for those interested in serving on an ABQ PSI committee or leadership role.

CONTACT FOR QUESTIONS OR INTEREST: CORRINA KLEIN, <u>ABQNM.PSI@GMAIL.COM</u>



Albuquerque Punk Safety Initiative (cont.)



CONTACT FOR QUESTIONS OR INTEREST: CORRINA KLEIN, <u>ABQNM.PSI@GMAIL.COM</u>





Get SMAHRT About Street Medicine

- The newly formed <u>Street Medicine, Addiction, and Harm Reduction Team</u> (<u>SMAHRT</u>) held its first general meeting on Tuesday, January 30, 2024.
- Co-chairs Morgan Stein and Jenna Norton, both first year med students, come from a strong foundation of work and service in the field. Previously, Norton was a social worker in street medicine and substance use, while Stein volunteers at the Healthcare for the Homeless clean needle exchange.
- Norton states, "We're trying to uphold the values and principles of those who've come before us and set a precedent for allied health students to learn about this incredible work.
- The huge interest in this group proves what we always knew: that students desire more training and exposure to the social problems and challenges in New Mexico communities."
- With the oversight of Lindsay Fox, PA-C and Sara Doorley, MD, the SMAHRT team intends to expand its work like similar programs throughout the country.
- Stein adds, "So many other medical and nursing schools embrace street medicine and harm reduction programs. We want to be part of that culture of innovation and transformative disruption."

CONTACT FOR MORE INFORMATION OR INTEREST: SMAHRT@UNM.EDU



UNM HSLIC: Menstrual Products Available on North Campus

In an effort to increase <u>menstrual equity</u> on campus, the Health Sciences Library & Informatics Center Justice, Equity, and Inclusion Committee supplies free menstrual products in the library. Products can be found in all our women's and men's restrooms, and will be available soon in our new gender neutral/ADA accessible restroom.

These products are available in the men's restrooms to support people who menstruate, regardless of their gender identity. Trans, nonbinary, and gender non-conforming members of the HSC community deserve to feel supported and have access to these products. If you do not need these products, please be kind and leave them for someone who does. If you know someone who is having trouble affording menstrual products, please feel free to take the products and support those around you.

To learn more about menstrual equity and period poverty, explore these articles from the <u>ACLU</u>, <u>NBC News</u>, and the <u>Center for Health Journalism</u>.



New Mexico Youth with Opioid Use Disorder Are Unable to Access Evidence-Based Treatment in the Form of Medication for Addiction Treatment (MAT)

<u>Problem</u>: Youth substance use, addiction, and death is a growing crisis and it is exceedingly difficult for youth to gain access to evidence-based treatment

<u>Solution</u>: Support a bill being introduced in the New Mexico Legislature that would expand evidence-based treatment for opioid use disorder (OUD) for adolescents in New Mexico

The Opioid Epidemic is Increasingly Affecting Youth

- The overall diagnosis rate for OUD among youth rose nearly 6-fold between 2001 and 2014.
- Nearly 12x as many adolescents suffer from OUD each year than are diagnosed with cancer.
- Overdose deaths among adolescents have increased by more than 100% since 2019.
- Two-thirds of individuals in treatment of OUD report their first use was before the age of 25, and one-third report that it was before the age of 18.
- Rates of overdose death disproportionately affect Native American and Latinx communities in New Mexico.
- Rates of overdose death also disproportionately affect rural communities in New Mexico.

MAT is Evidence-Based Treatment for OUD, but Access is Limited

 MAT used to treat adolescents with OUD is endorsed by the American Academy of Pediatrics, American Society of Addiction Medicine, Society for Adolescent Health and Medicine, World Health Organization, and National Institutes of Health.



New Mexico Youth with Opioid Use Disorder Are Unable to Access Evidence-Based Treatment in the Form of Medication for Addiction Treatment (MAT) (cont.)

- MAT is associated with reduced all-cause mortality, fewer relapses to opioid use, enhanced recovery and retention in addiction care, reduction in the spread of infectious diseases like HIV and hepatitis C, and improved overall mental health.
- The average parent would need to call 29 facilities in the U.S. before finding one that provides MAT to patients 16 years or younger.
- Less than 5 substance abuse treatment programs in New Mexico offer or allow adolescents to utilize MAT.
- Youth detention centers in New Mexico also do not consistently provide MAT to youth with OUD.
- Collectively, these policies put adolescents at increased risk for continued addiction into adulthood, overdose, and death.

Action You Can Take as a Medical Student

- Call your local legislators and encourage them to support or co-sponsor this bill when it is filed.
- Sign up to give public commentary during hearings on the bill.
- Write an op-ed on the topic.

QUESTIONS ON OTHER WAYS TO GET INVOLVED: AMANDA COLLAR, COLLARAL@SALUD.UNM.EDU LILLIAN DINEEN, LDINEEN@SALUD.UNM.EDU



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