Coming to You in Mid-February!

SNAPSHOT OF THE New Mexico Behavioral Health Needs Assessment 2019

AMONG NEW MEXICO MEDICAID CLIENTS

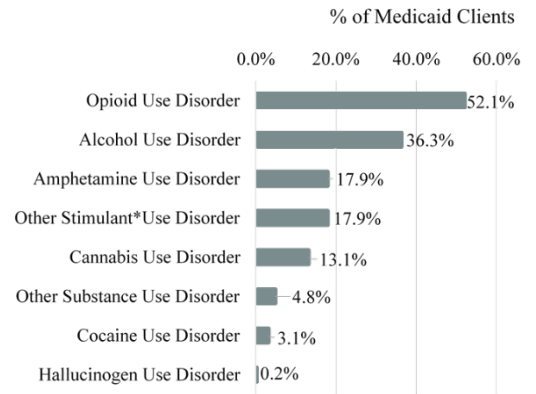### Behavioral Health Disorders

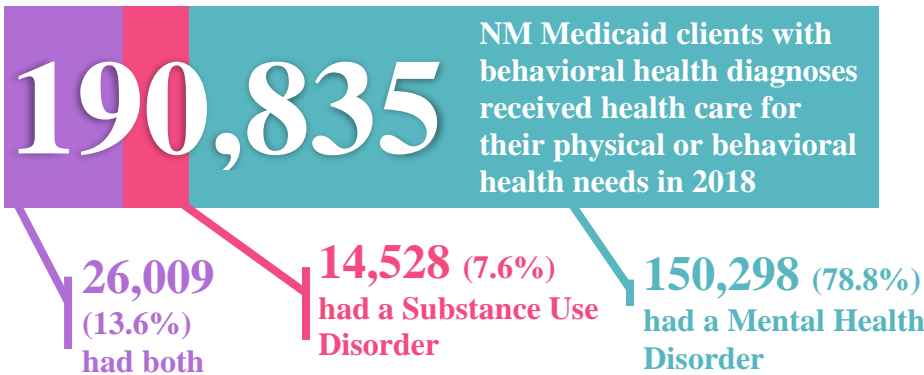| Most Common Disorders	
Substance Use	Mental Disorders
Opioid Use Disorders / Alcohol Use Disorders	Depressive Disorders / Anxiety Disorders / Trauma-Related Disorders / Stressor-Related Disorders

Behavioral Health Treatment Services

55% with a behavioral health disorder also have a chronic physical condition

Substance Use Disorders (SUDS)

DIAGNOSES AMONG MEDICAID CLIENTS WITH SUDS, NM, 2018

% of Medicaid Clients

Opioid Use Disorder	52.1%
Alcohol Use Disorder	36.3%
Amphetamine Use Disorder	17.9%
Other Stimulant*Use Disorder	17.9%
Cannabis Use Disorder	13.1%
Other Substance Use Disorder	4.8%
Cocaine Use Disorder	3.1%
Hallucinogen Use Disorder	0.2%

*besides Cocaine

Demographics

190,835 NM Medicaid clients with behavioral health diagnoses received health care for their physical or behavioral health needs in 2018

26,009 (13.6%) had both

14,528 (7.6%) had a Substance Use Disorder

150,298 (78.8%) had a Mental Health Disorder
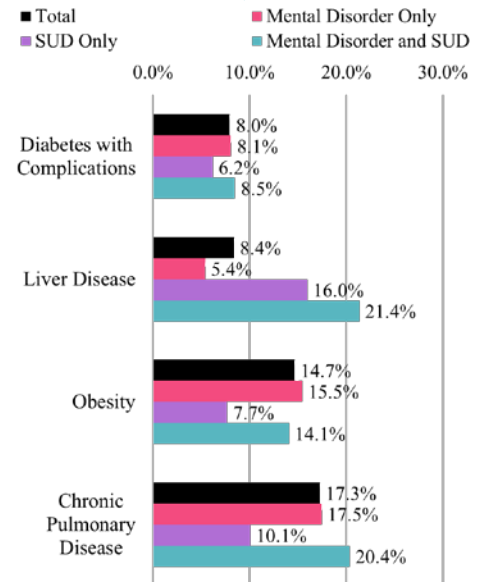
Chronic Physical Conditions

CHRONIC CONDITIONS AMONG CLIENTS WITH ACTIVE BEHAVIORAL HEALTH DIAGNOSES, NM, 2018

- ■ Total
- ■ Mental Disorder Only
- ■ SUD Only
- ■ Mental Disorder and SUD

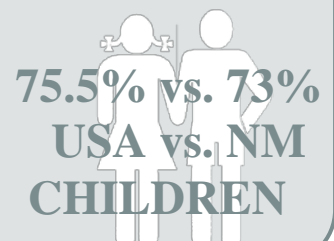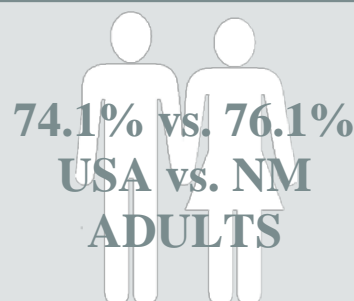|	Total	Mental Disorder Only	SUD Only	Mental Disorder and SUD
Diabetes with Complications	8.0%	8.1%	6.2%	8.5%
Liver Disease	8.4%	5.4%	16.0%	21.4%
Obesity		14.7%	15.5% / 7.7%	14.1%
Chronic Pulmonary Disease	17.3%	17.5%	10.1%	20.4%

POPULATION NEEDS

Behavioral Health Conditions

Since 1981 NM's suicide mortality rate has been **1.5 to 1.9 times higher than the national rate**

Behavioral Health Treatment

In 2018, consumers of public mental health services in NM reported **higher rates of improved functioning** from treatment than the national average:
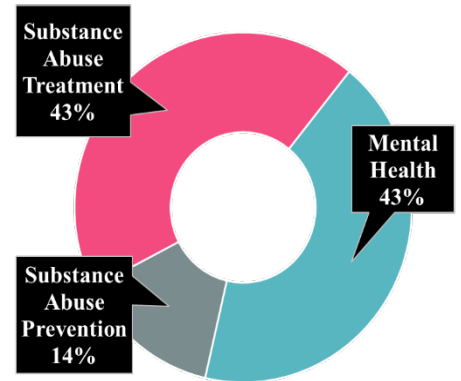
74.1% vs. 76.1% USA vs. NM **ADULTS**

75.5% vs. 73% USA vs. NM **CHILDREN**

FUNDING HIGHLIGHTS

$48+ million

allocated federal grant funding from the
Substance Abuse & Mental Health Services Administration (SAMHSA)
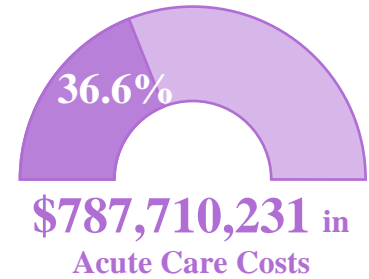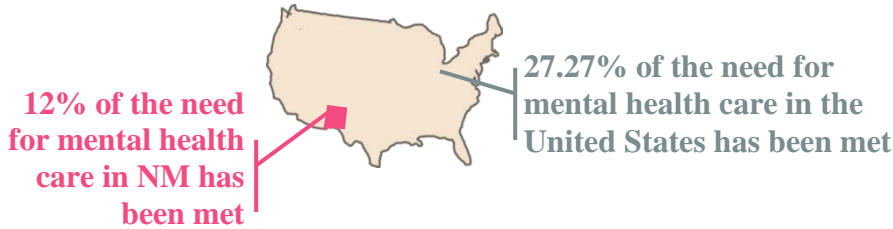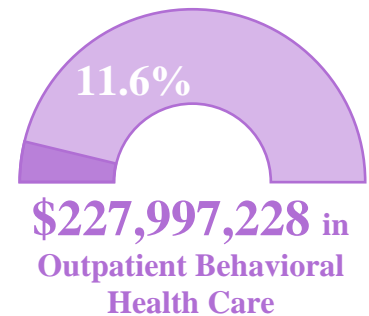for Mental Health and Substance Abuse Prevention and Treatment

$107+ million

allocated federal grant funding from the
Health Resources & Services Administration (HRSA)
for programs that provide health care to people who are geographically isolated, economically or medically vulnerable
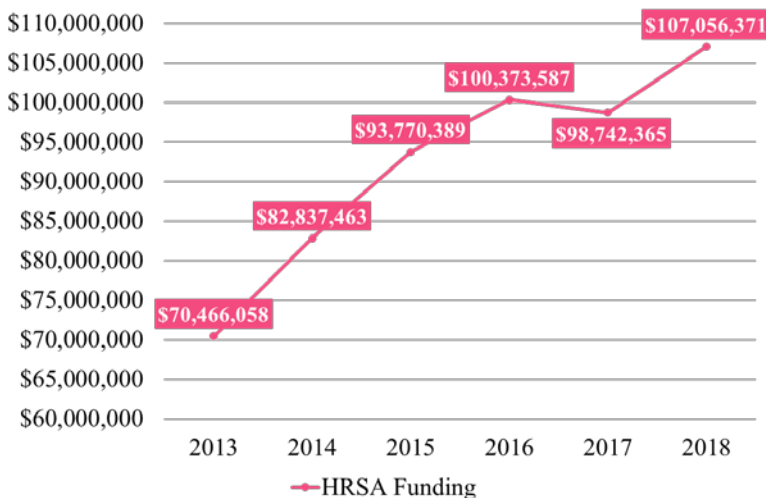
PERCENTAGE OF DISCRETIONARY GRANT DOLLARS BY TREATMENT TYPE, NM, 2018

- Substance Abuse Treatment 43%
- Mental Health 43%
- Substance Abuse Prevention 14%

In 2019, HRSA's Health Professional Shortage Area data, reported:

12% of the need for mental health care in NM has been met

27.27% of the need for mental health care in the United States has been met

leaving **1,246,744** *New Mexicans without adequate access to mental health care*

36.6%

$787,710,231 in **Acute Care Costs**

11.6%

$227,997,228 in **Outpatient Behavioral Health Care**

HRSA FUNDING ALLOCATION IN NEW MEXICO BY YEAR, 2013-2018

Year	HRSA Funding
2013	$70,466,058
2014	$82,837,463
2015	$93,770,389
2016	$100,373,587
2017	$98,742,365
2018	$107,056,371

— HRSA Funding

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