

DEALING WITH DYSREGULATION !!!!!!!

DDMI-TUG

2-13-12

DYSREGULATION

Descriptive term: ups, downs, impulsivity, anger, poor modulation of affect...

PTSD

Psychotic illness

Schizophrenia, depression, bipolar

Intoxications

Alcohol; Meth; mixtures; prescribed medications

High levels and withdrawal

Personality disorders

Borderline Personality Disorder

Medical illnesses

thyroid

tumors



INTERMITTENT EXPLOSIVE DISORDER

312.34

Characterized by discrete episodes of failure to resist aggressive impulses → serious assaults or property destruction.

Degree of aggression is out of proportion to provocation or precipitating psychosocial stressor.

Other causes of aggression (including Axis II) have been excluded.

Aggressive episodes are NOT due to physiologic effect of substance or general medical condition (brain injury; Alzheimer dementia, etc.).

IMPULSE CONTROL DISORDER, NOS

312.30

Category for disorders of impulse control not met by other descriptors.

Generally non-specific, often reflecting poor inhibition across multiple settings.



POLICE SUPPORT

Call for protection.

Need clear communication of events.

Have a non-medical framework of response – be clear about situation and anything helpful about the individuals involved.

Community Intensive Training (CIT).

Specific training in mental health and DD issues.

Aware of inability of people to respond.

Experience and background are varied.



SHOULD CHARGES BE PRESSED?

People who understand consequences of their actions.

Social rules and expectations.

Dementia and delirium are absolute exceptions.

Risk of jail time and increased vulnerability in population with cognitive impairment;
risk of lack of access to maintenance medications.



RESTRAINTS

Physical

Mandt, other training techniques

Handcuffs, 5-point restraints; seatbelts and waist belts.

Chemical

PRN medications; antipsychotic and benzodiazepines.

Monitor respirations and allergic reactions.

Boundaries

Practice of establishing safe interactions, respect for individual space.

Psychotherapeutic treatment philosophy.

Safety

Patient; staff; immediate environments.



WHAT ARE OUR GOALS?

Diffuse situation?

Restrain an individual?

Establish trust?

Elicit cooperation?

Support or Control ????



ARE THERE DIFFERING STRATEGIES IN COMMUNITIES AROUND NEW MEXICO?

Population density

Support opportunities; space; expectations

Cultural differences

Separation by mountains; frontier attitudes

Indian country – services, taboos, jobs

Institutional supports

Employment; services; accessibility

